



CLE SUPPORTS AND SERVICES

ABOUT COLLEGE LIVING EXPERIENCE

Established in 1989, College Living Experience (CLE) is a nationwide leader in the field of post-secondary transition, with 7 centers across the United States. CLE serves individuals diagnosed with Autism Spectrum Disorder, ADHD, Executive Dysfunction, Nonverbal Learning Disorders, Specific Learning Disabilities, and a variety of other exceptionalities. We are passionate about working with young adults to reach their greatest level of independence.

CLE SUPPORTS AND SERVICES

Our students receive instruction and support in four domains, which together provide a holistic approach and integrate the skills necessary to make an authentic and meaningful transition into adulthood.

STUDENTS CHOOSE THEIR PATHWAY

Students can move between the academic and career pathway as their focus shifts. The ability to individualize services allows us to meet students where they are.



ACADEMIC



CAREER

- Students can enroll in community colleges, vocational schools, or universities near any of our 7 locations.
- Tutors provide individualized 1:1 support and supervise study halls for students.
- In addition to content support, tutors coach students in planning, organizing, managing time, strategizing, and executing, as well as accessing campus resources and practicing self-advocacy.

- Career staff administer vocational assessments and help students explore fields of interest, prepare resumes, and practice interview and pre-employment skills.
- Career advising, workshops, explorations, and volunteer opportunities build critical pre-employment skills for future paid employment.
- Staff help students find volunteer, internship, and employment opportunities in the community, and serve as job coaches once students are employed.

AUSTIN, TX | COSTA MESA, CA | DENVER, CO | FORT LAUDERDALE, FL | MONTEREY, CA | NASHVILLE, TN | WASHINGTON, D.C.

INDEPENDENT LIVING SKILLS

- Living in an apartment gives the opportunity to build a community, learn in a natural environment and build key independent living skills.
- Using an inventory to track skill acquisition, students learn in individual and small group sessions how to manage household organization, meal planning and grocery shopping, cooking, public transportation mobility training, and their personal finances, including budgeting and bill-paying.
- A CLE Resident Advisor (RA) is available to all students for after-hours support and morning wellness checks for new students. The RA is an adult, full-time employee of CLE.



SOCIAL SKILLS

- Individual, small group, and community-based social activities provide a chance for students to create new relationships and explore their community.
- Weekly social coaching allows an opportunity to work towards individualized social-emotional goals.
- Engagement groups, facilitated by CLE staff, are interest-based and provide an opportunity for guided learning and feedback with their peers.
- Throughout the week, CLE hosts social activities for students to explore new opportunities and further their relationships. Students help select and schedule three to four community activities each week.

